



ST. PETER'S SWIMMING CLUB

M E M B E R H A N D B O O K

Welcome to St Peter's Swimming Club

St Peter's Swimming Club is a place where swimmers grow – not just in speed or skill, but in confidence, resilience, and connection. Whether you're joining us to compete, or simply to enjoy the rhythm of training with friends, you're now part of a community that genuinely cares about your journey.

We're proudly based at St Peter's School in Cambridge, with access to world-class facilities and a coaching team committed to helping every swimmer reach their potential.

Our club is built on people – swimmers, families, coaches, volunteers, and supporters – all working together to create an environment where progress feels possible and belonging feels natural.

We're thrilled to have you with us. Let's get you settled in and ready for a great season ahead.

A Message from our Head Coach, Alastair Johnson

Welcome to St Peter's Swimming Club. I'm delighted you've chosen to be part of our community.

Our goal is simple: to help every swimmer become the best version of themselves, in and out of the pool. We focus on strong fundamentals, great habits, and a team culture built on respect, hard work, and enjoyment. Whether you're aiming for national finals or learning to love the sport, you'll find a place here.

We are proud of our club's history, our values, and the way our swimmers support one another. I hope your time with us is full of progress, friendships, and moments you'll remember for years to come.

See you on pool deck,



Alastair Johnson
Head Coach, St Peter's Swimming Club



St. Peter's
CAMBRIDGE N. Z.
Swimming Club

OUR PURPOSE

VISION

A New Zealand swimming club that nurtures confident, resilient athletes and is consistently recognised for excellence across domestic and international competition.

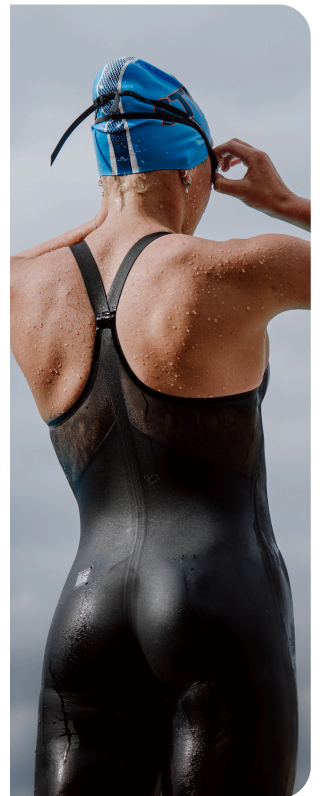
MISSION

To enable members to reach their full potential and retain a lifelong love of swimming.

VALUES

We live our values in and out of the pool:

- Inclusive Community — We welcome every swimmer and celebrate diversity.
- United Team — We support one another and move forward together.
- Hard Work — We show up, put in the effort, and take pride in progress.
- Fearless Ambition — We chase big goals and embrace challenge.



OUR SQUADS

We operate four core squads, each designed to support swimmers as they grow in skill, confidence, and competitive readiness.



WARRIORS

For developing swimmers building strong technique, consistency, and confidence.

Focus: Skills, development, fun competition exposure.



VIKINGS

For swimmers progressing toward higher training loads and competitive goals.

Focus: Race skills, discipline, strength foundations.



TITANS

For committed athletes training for regional and national performance.

Focus: Advanced technique, conditioning, race strategy.



KNIGHTS

For high-performance swimmers targeting national finals and beyond.

Focus: Excellence, resilience, leadership, and elite preparation.

COACHING TEAM

Our coaches bring experience, energy, and genuine care to every session.



ALASTAIR JOHNSON HEAD COACH

Leads the programme, oversees athlete development, and drives performance pathways.

alastair.johnson@stpeters.school.nz



SAVANNA BOURKE COACH

Brings energy, clarity, and consistency to daily training environments.

savanna.bourke@stpeters.school.nz



MAX DOWNEY COACH

Focuses on technical development and building strong foundations.

max.downey@stpeters.school.nz



BREE SCOTT STRENGTH & CONDITIONING

Supports athletes with land-based strength, mobility, and injury-prevention training.

scottbree510@gmail.com



Fees & Membership

Monthly Squad Fees

(Charged by St Peter's School via iClass)

- Warriors — \$130/month
- Vikings & Rangers — \$145/month
- Titans — \$160/month
- Knights — \$175/month

Strength & Conditioning (*Titans & Knights Only*)

\$50 per month flat fee. Covers Monday, Wednesday and Saturday sessions – same price regardless of attendance

Annual Club Membership fee

\$110 per swimmer. Paid when joining, and then annually, every 1st of July.

Regional & National Annual Fees

An Annual fee is charged in July each year.
The fee for the 2026/2027 season is \$134.

Important Notes

- Membership must be set up through an iClass account (details in your welcome email).
- Payments are processed automatically each month.
- No training or competition fees are in arrears.
- One month's written notice is required when leaving.
- No refunds for non-attendance.
- Extended absences (2+ weeks) may be considered for fee adjustments.

Gear List



FINS

If you're purchasing fins, please avoid long blade styles, as they don't support the stroke technique we're developing.



KICKBOARD

If you're buying a kickboard, please choose one without hand holes and avoid oversized styles, as these don't support the technique we're working on.



PULL BUOY

For pull buoys, options like the Speedo Pull Buoy or the Funkita Pull Buoy work well. Please avoid oversized styles — the smaller Funkita shape is a great example, as a more compact buoy supports better buoyancy and helps maintain correct body position in the water.



GEAR BAG

A gear bag can be any style you like, as long as it's mesh so water can drain easily rather than getting trapped inside.

Gear List



PADDLES

For paddles, Finis offers four different sizes. We recommend visiting a store to try them on so you can choose the size that fits best. For paddles specifically, this is the only brand we'd like athletes to use.



SNORKEL

We prefer the Finis stability snorkel for our athletes.



ANKLE BAND

The Arena ankle band is made from soft silicone and is unisex.



SPONGE

Coach Alastair makes the sponges. Please contact him directly for pricing and to place your order.

Arena Partnership

Members receive an exclusive discount at Arena:

Code: STPC

Use at checkout on arenawaterinstinct.co.nz.

COMPETITION CALENDAR

Our competition calendar is updated throughout the year and always available on our website, stpetersswimmingclub.co.nz

You'll find information on club nights, Mini Meet Grand Prix rounds, regional meets, national events, and key dates for the season.

Mini Meet Grand Prix A fun, skills-focused series where swimmers earn points across multiple rounds. Just turn up - no entry fee required.

Other Meets Entries for all external meets are completed online through Fastlane. If you need help, contact Club@stpetersswimmingclub.co.nz

VOLUNTEERS & HOW TO GET INVOLVED

St. Peter's Swimming Club is powered by people - parents, caregivers, supporters, and community members who give their time to help our swimmers thrive.

If you're able to lend a hand, we would love to have you involved. Some of the roles we need throughout the season:

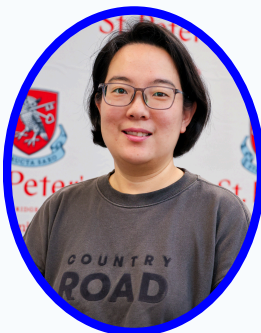
- Timekeepers - essential for every meet
- Technical Officials - training provided
- Team Managers - support squads at meets
- Event helpers - setup, pack-down, BBQ, raffles, etc.
- Fundraising - grants support
- Sponsorship & Partnerships
- Photography & Media - capturing moments and helping with club comms
- Treasurer Support - assisting with financial admin and season tasks

Whether you can assist occasionally or regularly, your support makes a real difference. If you'd like to assist the club, please contact Club@stpetersswimmingclub.co.nz

MEET THE COMMITTEE MEMBERS



Kylie Johnstone
President



Cassie Zhang
Secretary



Katrina Churstain
Treasurer



Jacob Heerikhuizen
Recorder



Cindy Jacobs
Branding & Comms



Jason Howarth
Fundraising & Sponsorships



Sivajah Somasundaram
Events



Jessie Chen
Events

Sponsorship Opportunities

St Peter's Swimming Club is growing - and we'd love you to grow with us.

Sponsorship helps us deliver high-quality coaching, run exceptional events, maintain equipment, and create opportunities that shape confident, capable young athletes.

Whether you're a local business, a family-run operation, or a national brand, we offer meaningful ways to connect with our community and make a visible impact.

Ways to Partner with us:

- Mini Meet Grand Prix
- Club Website
- Uniform Branding
- Club Records
- Athlete of the Month
- Summer Splash Meet
- Winter Splash Meet

We'd love to explore a partnership that aligns with your goals and supports our swimmers. Contact Club@stpetersswimmingclub.co.nz to start the conversation.

Thank you to our current sponsors and supporters:



stpetersswimmingclub.co.nz
club@stpetersswimmingclub.co.nz

We're proud to have you as part of our club. Here's to
a season of progress, courage, and great memories
— in and out of the pool.

